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SOUTHERN COUNTIES CYCLING UNION

1898-2023

PRESIDENT - JAN **SOMMERFELD**

29th Weekend of Sporting Events Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Open 10 Miles Time Trial Saturday 18th March 2023

Course G10/46

Qualifying event for SPOCO South East (but register prior to event) and Sussex CA SPOCO

Open 25 Miles Time Trial Sunday 19th March 2023

Course G25/43

Qualifying event for Sussex CA SPOCO

Event secretary - Robin Johnson (Brighton Mitre CC), 7 Gorselands, Billingshurst, West Sussex, RH14 9TT,

01403 783368 / 07733 132043

Email: mr_rjohnson@outlook.com

HQ

Oakwood Hill Village Hall **Honeywood Lane Oakwoodhill** Surrey, RH5 5PY



Parking is limited at the village hall. Then use ONLY the East side of the road, South of the Village Hall with all the wheels off the road. Please ensure that your vehicle is OFF the road - it might be YOU that gets baulked on the initial circuit.

Thank you in advance for not wearing cycling shoes or CLEATS in the Village hall.

Numbers at HQ ONLY.

After the event, please remember to return to the HQ with your number to sign out after your ride. You can exchange your number for a FREE drink.

10 Miles Event – HQ to start 0.04 miles, and 0.46 miles from the finish 25 Miles Event – HQ to start 0.04 miles, and 0.38 miles from the finish.

LONDON SOUTH D.C. regulation:

No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start and finish.

No times will be given out at the finish.

Apart from riding to the start, no warming-up on the course once the event has started.

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Additional Safety Instructions

The location of Oakwood Hill Village Hall relative to the course means that there is nowhere off the course for warming up. Competitors are therefore requested to use one of the following options:-

- Turn LEFT out of the hall and ride down Honeywood Lane to the junction with Horsham Road. LEFT into Horsham Road down to Rowhook. Return to the hall by the same route, taking care not to onstruct Competitors alrrady racing.
- Follow route as above but continue through Rowhook to A29; LEFT on A29 to Ruckmans Lane; LEFT up Ruckmans Lane to junction with Honeywood Lane; LEFT to return to hall (this circuit is approximately 6.5 miles).

Competitors must exercise extra care when passing the start area and when joining the A29.

When crossing Honeywood Lane to reach the start Competitors MUST take care not impede earlier Competitors racing up Honeywood Lane.

After finishing Competitors should go straight on past the Start to Oakwood Hill Village Hall, taking care not to obstruct any Competitors still racing in Honeywood Lane.

Open 10 miles Time Trial Saturday 18th March 2023 Course G10/46

TIMEKEEPERS

Start: Clive Walton Redmon CC

Finish :Kathy Collard-Berry A3crg

ORBEA GAIN D10
ELECTRIC ROAD
BIKE
High end equipment
fitted. A lightweight
bike that can be
ridden both on power
and fully disengaged
off power
£1500 ono - reason
for sale ill health
07803296494 to view
or more details

	Cou	urse Records – "10"		
	20:44	Jari Verstraeten	2022	
Vets	22:11	Pete Tadros	2014	
Women:	24:15	Angela Carpenter	2022	
	Road	Richard Cartland	2022	
	bikes			
	24:49			
	Para	Liz Saul	2018	
	33:44			

Prizes

T.T. Bikes:

1 st Man £25 + Wine, value £6.

2nd Man £15 + Wine, value £6.

3rd Man £10 + Wine, value £6.

1st Woman £10 + Wine, value £6.

2nd Woman Wine, value £6.

Road Bikes:

 1^{st} Man £10 + Wine, value £6.

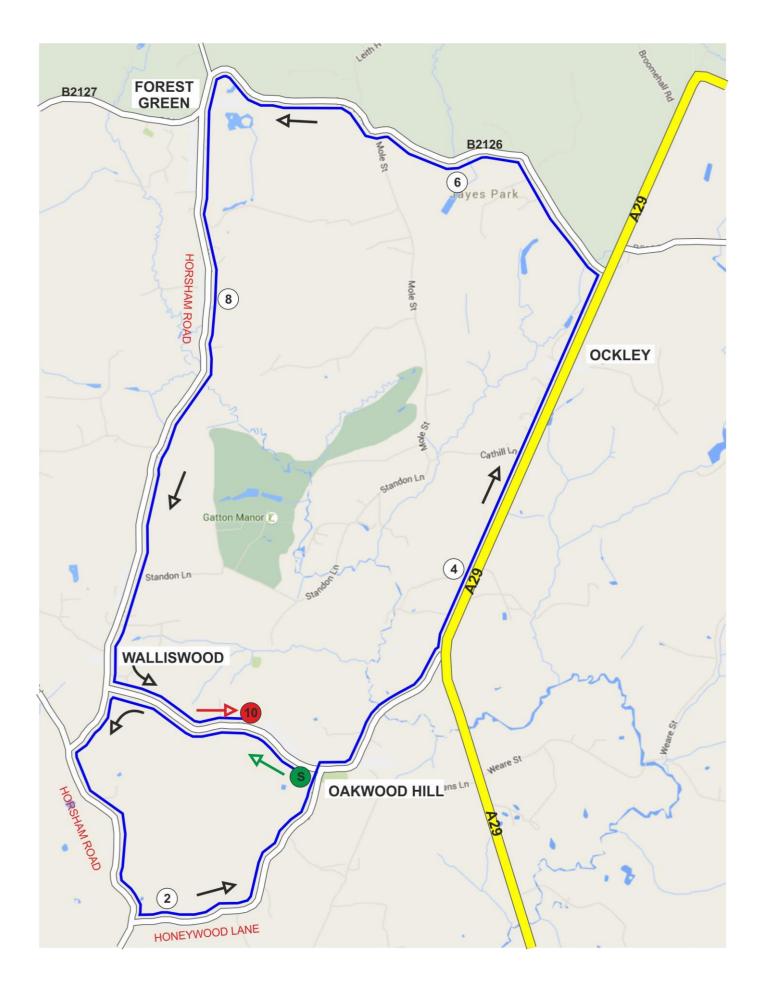
With a low entry fee, after paying for the hire of the village hall and timekeepers, there is still not enough left to avoid running these events at some loss.

Prize Presentation

To be held as soon as possible after the event.

Please stay to receive your awards and/or applaud the recipients.

UNDER 18 AGE ENTRIES MUST DOWNLOAD PARENTAL CONSENT FORMS IN ORDER TO COMPLETE ON-LINE ENTRY. PLEASE BRING THE COMPLETED FORM WITH YOUR HELMET AND PRESENT THESE BEFORE SIGNING-ON. NO HELMET AND NO PARENTAL CONSENT FORM = NO RIDE
WOMEN – S.C.C.U. trophies: YOUR RIDES IN THE SPORTING EVENTS COUNT TOWARDS THESE TROPHIES.
PRIZE PRESENTATION to be held as soon as possible after events.
Please stay to receive your awards/applaud the recipients.
LONDON SOUTH D.C. regulation:
No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start and finish.
No times will be given out at the finish.
Apart from riding to the start, no warming-up on the course once the event has started.
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Course G10/46

OS REF (TQ)	COURSE DIRECTIONS - G10/46	MILE	ES
132374	START in Oakwood Hill, 35 yards west of triangle at junction with Honeywood Lane, opposite lamp post in grounds of house.	0.00	0.00
118378	Proceed westwards to junction with Walliswood Green Road.	0.89	0.89
120364	LEFT and follow Walliswood Green Road to junction with Horsham Road, LEFT on Horsham Road to junction with Honeywood Lane near Broadstone Farm (CHECK)	1.02	1.91
	LEFT along Honeywood Lane, past Start area, and junction with Walliswood to Oakwood Hill Road. Straight on past the		
139381	Punchbowl Inn to junction with A29	1.78	3.69
148404	LEFT onto A29 (take care) to junction with B2126 at Ockley.	1.55	5.24
124413	LEFT on B2126, becoming B2127 at Forest Green, to junction with Horsham Road (CHECK)	2.01	7.25
	LEFT into Horsham Road, past the Parrot Inn, and south to Mayes Green. Straight on, now in Walliswood Green Road, to Walliswood Green, past the Scarlett Arms Public House to junction with		
118378	Walliswood to Oakwood Hill Road, signposted "Oakwoodhill".	2.28	9.53
126376	LEFT along Walliswood to Oakwood Hill road to <u>FINISH</u> at start of grass on west side of entrance to Chapel House Farm, 0.42 miles before start.	0.47	10.00

ORDER OF START:

ROAD BIKES' "10":

number	start_time	firstname	lastname	club	gender	category	age_
1	14:01:00	Toby	Clark	Kingston Wheelers CC	Male	Senior	24
2	14:02:00	Shaun	Marlor	Bec CC	Male	Veteran	50
3	14:03:00	Robert	Gilmour	Hounslow & District Whs	Male	Veteran	71
4	14:04:00	Andrew	Turner	Horsham Cycling	Male	Veteran	49
5	14:05:00	Vernon	Schutte	Farnborough & Camberley CC	Male	Veteran	69

ORDER OF START:

Time Trial Bikes' "10":

number	start_time	firstname	lastname	club	gender	category	age_on_day
7	14:07:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	74
8	14:08:00	Katie	Simmonds	Horsham Cycling	Female	Senior	29
9	14:09:00	Teresa	Goddard	Kingston Wheelers CC	Female	Veteran	59
10	14:10:00	James	Bromley	Hart Performance Coaching	Male	Veteran	63
11	14:11:00	Andrew	Penny	City RC (Hull)	Male	Veteran	61
12	14:12:00	Alice	Connor	Velociposse CC	Female	Senior	30
13	14:13:00	Robert	Royle-Evatt	Addiscombe CC	Male	Veteran	55
14	14:14:00	Graham	Hurrell	Basildon CC	Male	Veteran	63
15	14:15:00	Gavin	Hughes	Kingston Phoenix RC	Male	Veteran	55
16	14:16:00	Mike	Boyce	a3crg	Male	Veteran	67
17	14:17:00	Paul	Atkinson	Velo Club St Raphael	Male	Veteran	53
18	14:18:00	Jack	Smith	Brighton Mitre CC	Male	Senior	31
19	14:19:00	Jonathan	Pontin	Addiscombe CC	Male	Senior	32
20	14:20:00	Peter	Main	34 Nomads CC	Male	Veteran	57
21	14:21:00	Lewis	Reeves	Horsham Cycling	Male	Senior	30
22	14:22:00	Paul	Thatcher	Brighton Mitre CC	Male	Veteran	59
23	14:23:00	Paul	Newsome	Project 51	Male	Senior	35
24	14:24:00	Mark	Smith	Crawley Wheelers	Male	Veteran	49
25	14:25:00	Colin	McDermott	Festival Road Club	Male	Veteran	55

Entries same number as 2022.

BOTH EVENTS -

PLEASE REMEMBER TO SIGN ON FOR YOUR NUMBER.

AFTER FINISHING	. SIGN BACK IN WHEN F	RETURNING YOUR NUM	/IBER

CTT Regulations require the use of a helmet that meets internationally accepted safety standards for all competitors.

CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, and to the front of their machine, a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users.

London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

Under 18 years old riders: Bring a completed parental consent form to present before signing-on. No form = no ride.

Open 25 miles Time Trial, Sunday 19th March 2023

Course G25/43

G25/43 Course Records - "25"

	Veterans Juniors Women: Trike	53:53 58:17 57:06 1:08:46 1:20:35	Jari Verstraeten Mark Smith Alex Franks Michelle Arthurs Lez Young	2022 2022 2022 2017 ₂₀₁₇
TIMEKEEPERS:	Start	Clive Walton, Redmon CC	Finish: Kath	y Collard-Berry, A3crg.

Prizes

T.T. Bikes:

FIRST MAN £25 + Wine, value £6.

2nd Man £15 + Wine, value £6.

3rd Man £10 + Wine, value £6.

1st Woman £10 + Wine, value £6.

Road Bikes:

1st Man £10 + Wine, value £6.

Prize Presentation To be held as soon as possible after the event.

Please stay to receive your awards and/or applaud the recipients.

Lottery Prizes None this year.

ORDER OF START:

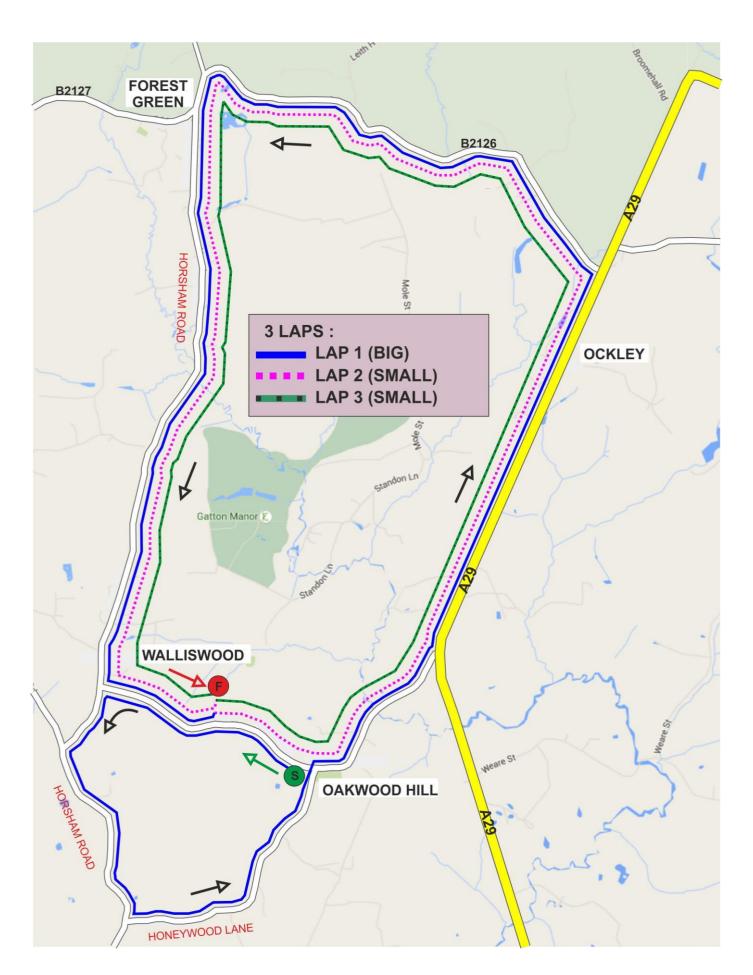
ROAD BIKES' "25":

		First	Last				
number	start_time	name	name	club	gender	category	age
1	09:01:00	John	Blight	Rapha Cycling Club	Male	Senior	33
2	09:02:00	Vernon	Schutte	Farnborough & Camberley CC	Male	Veteran	69
3	09:03:00	Michael	Wykes	London Dynamo	Male	Senior	30
4	09:04:00	Robert	Gilmour	Hounslow & District Whs	Male	Veteran	71
5	09:05:00	Tony	Reeves	GS Stella	Male	Veteran	51

TIME TRIAL BIKES' "25":

no.	start_time	first name	last name	club	gender	category	age
7	09:07:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	74
8	09:08:00	Richard	Horne	Dulwich Paragon CC	Male	Senior	37
9	09:09:00	Katie	Simmonds	Horsham Cycling	Female	Senior	29
10	09:10:00	Jonathan	Pontin	Addiscombe CC	Male	Senior	32
11	09:11:00	Gavin	Hughes	Kingston Phoenix RC	Male	Veteran	55
12	09:12:00	Lewis	Reeves	Horsham Cycling	Male	Senior	30
13	09:13:00	Mike	Marchant	Southdown Velo	Male	Veteran	65
14	09:14:00	Ferenc	File	Horsham Cycling	Male	Senior	36
15	09:15:00	Peter	Main	34 Nomads CC	Male	Veteran	57
16	09:16:00	Peter	Madarasz	Team TMC	Male	Veteran	42
17	09:17:00	Paul	Tippett	Crawley Wheelers	Male	Veteran	49
18	09:18:00	Rachel	Brown	CC London	Female	Senior	28
19	09:19:00	Jim	Burdett	Addiscombe CC	Male	Veteran	54
20	09:20:00	Paul	Thatcher	Brighton Mitre CC	Male	Veteran	59
21	09:21:00	Marek	Siwicki	Addiscombe CC	Male	Veteran	48
22	09:22:00	Adrian	Blacker	VTTA (Surrey/ Sussex)	Male	Veteran	59
23	09:23:00	Jon	Hughes	Velo Club Godalming & Haslemere	Male	Veteran	51
24	09:24:00	Peter	Younghusband	Petersfield Triathlon Club	Male	Veteran	58
25	09:25:00	Robert	Drake	Addiscombe CC	Male	Senior	35
26	09:26:00	Pat	Wright	Paceline RT	Male	Senior	38
27	09:27:00	Mark	Smith	Crawley Wheelers	Male	Veteran	49

Entries up 1 on 2022!



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139381	LEFT along Honeywood Lane, past Start area, and junction with Walliswood to Oakwood Hill Road, Straight on past The Punchbowl Inn to junction with A29	1.78	3.69
148404	LEFT and proceed on A29 to junction with B2126 at Ockley	1.55	5.24
124423	LEFT on B2126, becoming B2127 at Forest Green, to junction with Horsham Road (CHECK)	2.01	7.25
118378	LEFT into Horsham Road, past the Parrot Inn, Proceed south to Mayes Green Straight on now in Walliswood Green Road, past the Scarlett Arms PH to junction with Walliswood to Oakwood Hill Road signposted "Oakwoodhill".	2.28	9.53
132374	LEFT and proceed to junction with Honeywood Lane, opposite Oakwood Hill Village Hall	0.92	10.45
132374	LEFT and repeat the circuit via A29, Ockley, Forest Green, Walliswood, Oakwood Hill	7.47	17.92
126376	LEFT and repeat the circuit via A29, Ockley, Forest Green, Walliswood, Oakwood Hill to <u>FINISH</u> in Walliswood to Oakwood Hill Road 65 yards east of "OKEWOODHILL" boundary sign.	7.08	25.00

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ORBEA GAIN D10
ELECTRIC ROAD
BIKE
High end equipment
fitted. A lightweight
bike that can be
ridden both on power
and fully disengaged
off power
£1500 ono - reason
for sale ill health
07803296494 to view
or more details

PAST WINNERS

	"10"		"25"		OVERALL	
1993	Gary Dodd	24:00	Nick McCormick	1:02:27	Chris Weekly	
1994	Peter Main	23:31	Peter Main	1:00:59	Peter Main	
1995	Peter Main (2 wins)	22:37	Steve Dennis	59:41	Steve Dennis	
1996	Tim Stevens	22:19	Tim Stevens	56:40	Tim Stevens	
1997	Tim Stevens	22:33	Tim Stevens	56:21	Tim Stevens	
1998	Keith Reed	22:58	Keith Reed	58:39	Keith Reed	
1999	David Akam	22:23	Tim Stevens	56:54	Tim Stevens	
2000	Bryan Taylor	24:07	Mark Jones	1:00:32	Bryan Taylor	
2001	Paul Smith	24:06	Tim Stevens (4 wins)	59:00	Tim Stevens	
2002	Steve Dennis	23:32	Steve Dennis	58:47	Steve Dennis	
2003	Tim Stevens	23:12	Paul Pickup	57:54	Tim Stevens	
2004	Jason White	22:40	Mark Jones (2 wins)	59:47	Tim Stevens (6 wins)	
2005	Tim Stevens (4 wins)	23:00	Paul Mill	55:56	Colin McDermott	
2006	Steve Dennis (2 wins)	23:22	Steve Dennis	58:29	Steve Dennis (3 wins)	
2007	Peter Tadros	22:40	Peter Tadros	57:21	Peter Tadros	
2008	Matthew Miles & Jerome Walters	Both 23:28	Not held; snowed			
2009	Ben Instone	22:07	Ben Instone	53:18	Ben Instone	
2010	Peter Tadros	22:10	Ben Instone (2 wins) & Steve Dennis	53:40	Peter Tadros (2 wins)	
2011	Nic Hutchings	22:27	Steve Dennis (5 wins)	55:01	George Brent	
2012	Rupert Burbridge	22:32	Jerome Walters	54:13	Rupert Burbridge	
2013	Wouter Sybrandy	22:08	Sebastian Ader	54:14	Steve Kane	
2014	Elliott Porter	21:28	Elliott Porter	53:50	Elliott Porter	
2015	Chris McNamara	22:24	John Dewey	57:05	Jack Donaldson	
2016	Pat Wright	21:33	Steve Kane	59:09	Steve Kane	
2017	Rob Sharland	21:55	Pat Wright	55:04	Mark Newton	
2018	Mark Smith	23:21	Not held; snow.		-	
2019	Pat Wright	21:55	Pat Wright	55:36	Pat Wright	
2020	Covid					
2021	Covid					
2022	Jari Verstraeten	20:44	Jari Verstraeten	53:53	Jari Verstraeten	
2023						